

Hymn:

**Forty days and forty nights, thou wast fasting in the wild;
Forty days and forty nights, tempted, and yet undefiled.**

**Sunbeams scorching all the day; chilly dewdrops nightly shed;
Prowling beasts about thy way, stones thy pillow, earth thy bed.**

**Let us thy endurance share and from earthly greed abstain,
with thee watching unto prayer, with thee strong to suffer pain.**

**Then, if evil on us press, flesh or spirit to assail,
Victor in the wilderness, may we never faint or fail!**

**So shall peace divine be ours; holier gladness ours shall be.
Come to us angelic powers, such as ministered to thee.**

Welcome and Act of Penitence:

Minister: The Lord be with you;

All: And with your spirit.

Psalm 25 4-12

Be mindful of your mercy, O Lord, and of your steadfast love,
for they have been from of old.

**Do not remember the sins of my youth or my transgressions;
according to your steadfast love remember me, for your goodness' sake, O Lord!**

Good and upright is the Lord; therefore he instructs sinners in the way.

He leads the humble in what is right, and teaches the humble his way.

All the paths of the Lord are steadfast love and faithfulness,
for those who keep his covenant and his decrees.

For your name's sake, O Lord, pardon my guilt, for it is great.

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

Minister: For the words we have said that were not from you;
All: We ask your forgiveness, Lord.
Minister: For the things we have done which were not done in love;
All: We ask your forgiveness, Lord.
Minister: For the things we have not done which love would have done;
All: We ask your forgiveness, Lord.
Minister: For the thoughts we have had that have not come from you;
All: We ask your forgiveness, Lord.
Minister: For the times when we have loved ourselves
and turned our back on you,
All: We ask your forgiveness, Lord.

The Absolution.

Song:

**When the music fades, all is stripped away and I simply come;
Longing just to bring something that's of worth that will bless your heart:**

*I'll bring you more than a song,
for a song in itself is not what you have required.
You search much deeper within, through the way things appear,
You're looking into my heart.
I'm coming back to the heart of worship, and it's all about you,
it's all about you, Jesus; I'm sorry, Lord, for the thing I've made it,
when it's all about you, it's all about you, Jesus.*

**King of endless worth, no one could express how much you deserve.
Though I'm weak and poor, all I have is yours, every single breath...**

Minister: As our Saviour taught us, we boldly pray:

**All: Our Father in heaven, hallowed be your name;
Your kingdom come, your will be done, on earth as it is in heaven.
Give us today our daily bread;
And forgive us our sins, as we forgive those who sin against us.
And lead us not into temptation, but deliver us from evil,
For yours is the kingdom, the power and the glory, for ever and ever. Amen**

Ein Tad yr hwn wyt yn y nefoedd, sancteiddier dy enw,
Deled dy dernas, gwneler dy ewyllys, megis yn y nef, felly ar y ddaear hefyd.
Dyro i ni heddiw ein bara beunyddiol;
A maddau i ni ein dyledion, fel y maddeuwn ninnau i'n dyledwyr.
Ac nac arwain ni i brofedigaeth; eithr gwared ni rhag drwg.
Canys eiddot ti yw'r deyrnas, a'r gallu a'r gogoniant, yn oes oesoedd. Amen.

The Lenten Collect.

Old Testament Reading: Genesis 9. 8-17. Read by Gillian.

New Testament Reading: Mark 1. 9-15.

The Address.

Hymn:

**Mae d'eisiau di bob awr, fy Arglwydd Dduw,
daw hedd o'th dyner lais o nefol ryw.
*Mae d'eisiau, O mae d'eisiau, bob awr mae arnaf d'eisiau,
bendithia fi, fy Ngheidwad, bendithia nawr.***

**I need Thee every hour: stay Thou nearby;
Temptations lose their power when Thou art nigh.
*I need Thee, oh, I need Thee; every hour I need Thee;
Oh, bless me now, my Saviour, I come to Thee.***

**Mae d'eisiau di bob awr, rho d'olau clir,
rho imi nerth, a blas dy eiriau gwir...
*Mae d'eisiau, O mae d'eisiau, bob awr mae arnaf d'eisiau,
bendithia fi, fy Ngheidwad, bendithia nawr.***

**I need Thee ev'ry hour, in joy or pain;
Come quickly and abide, or life is vain...
*I need Thee, oh, I need Thee; every hour I need Thee;
Oh, bless me now, my Saviour, I come to Thee.***

**Mae d'eisiau di bob awr, sancteiddiaf Ri,
yn Iesu gwna fi'n wir yn eiddot ti...
*Mae d'eisiau, O mae d'eisiau, bob awr mae arnaf d'eisiau,
bendithia fi, fy Ngheidwad, bendithia nawr.***

The Prayers:

led by Richard.

Hymn:

**Guide me, O thou great Redeemer, pilgrim through this barren land;
I am weak, but thou art are mighty; hold me with thy powerful hand.
Bread of heaven, bread of heaven, feed me now and evermore...**

**Open now the crystal fountain, whence the healing stream doth flow.
Let the fiery, cloudy, pillar lead me all my journey through.
Strong Deliverer, strong Deliverer, be thou still my strength and shield...**

**When I tread the verge of Jordan, bid my anxious fears subside.
Death of death, and hell's Destruction, land me safe on Canaan's side.
Songs of praises, songs of praises, I will ever give to thee...**

The Blessing.

A Look on the Bright Side.

Have some Madeira, m'dear!

Flanders and Swann.